

Heat Safety Supervisor's Daily Checklist

WATER

- Is there plenty of fresh, cool drinking water located as close as possible to the workers?
- Is there a plan for refilling water coolers throughout the day?

SHADE AND REST

- Is a shade structure available at all times (regardless of the weather) for workers to rest and cool down?
- Is the shade structure up and ready when the weather forecast is 80°F or higher?
- Do you have a plan in place for checking the weather forecast?

TRAINING

- Have workers been trained to recognize and prevent heat illness BEFORE they start working outdoors?
- Can workers identify symptoms of heat illness?
- Is there a special plan in place to allow workers to get used to the heat?

EMERGENCY PLAN

- Does everyone know who to notify if there is an emergency?
- Can workers explain their location if they need to call an ambulance?
- Does everyone know who will provide first aid?

WORKER REMINDERS

Have workers been reminded to:

- Drink water frequently?
- Rest in the shade for at least 5 minutes as needed?
- Look out for one another and immediately report any symptoms?

The work can't get done without them.



Disclosure of Federal Participation (Stevens Amendment), go to <https://www.dir.ca.gov/federal-funding-disclosure.html>

© 2022 California Department of Industrial Relations